PATRICK HENRY TYRANCE, JR.

EDUCATION

THE GEORGE WASHINGTON UNIVERSITY *Washington, DC*
School of Business
Master of Business Administration, August, 2015. Concentration: Healthcare Management, Change Management, Entrepreneurship

INSTITUTE FOR INTEGRATIVE NUTRITION New York.NY
Health Coach, November, 2015.
Based on a principal of bio-individuality, study of the effects of physical activity, career, relationships, spirituality, and food on individual health.

HARVARD UNIVERSITY
Medical Schuol *Boston, MA*
Doctor of Medicine, June 1997.

John F. Kennedy School of Government *Cambridge, MA*
Master in Public Policy, June 1997. Concentration: Health Care Policy. Policy Analysis Exercise, "Provider Satisfaction in a Capitated Payment Setting: The Experience of the Brigham and Women's Physician Hospital Organization."

UNIVERSITY OF NEBRASKA *Lincoln, NE*
Bachelor of Science, Biology, December 1990.

EXPERIENCE

The LESS Institute, *June 2016-November2016.* **Fort Lauderdale, FL**
Operative and non-operative management of musculoskeletal disease and personal injury.

RGM Medical | Physician's Rehabilitation, *Oclober 2015-present* Summerfield, FL
Non-operative management of musculoskeletal disease with particular focus on knee and shoulder injury, arthritis and pain. Nutritional and activity counseling.

UNIVERSITY OF NEBRASKA COLLEGE OF PUBLIC HEALTii, Omaha, NE
Department of Health Promotion, Social and Behavioral Health,
Adjunct Assistant Professor. Focus on violence prevention, health disparities, and Community resilience factors that promote health.

TYRANCE GROUP, PC *April 2009 to present* *Omaha, NE*
Provider of non-operative and operative orthopedic services to communities in need as an independent contractor. Performed 250-275 annual orthopedic procedures for Faith Regional Health Services, Norfolk, NE from April 2009- February 2014.

CREIGHTON UNIVERSITY MEDICAL CENTER, *December 2008-May 2009* *Omaha, NE*
Six month clinical proctorsltip focusing on complex adult hip and knee reconstruction.

LAKESIDE ORTHOPEDICS, *November 2004-November 2008.* *Omaha, NE*
General orthopedic surgery practice with special interest in sports medicine, arthroscopy and minimally invasive adult hip and knee reconstruction.

FREEPORT HEALTH NETWORK, *March 2003 - October 2004.* *Freeport, lL*
General orthopedic surgery practice with special emphasis on prevention, non-operative,

and operative treatment of sports-related injuries and trauma.

HARVARD COMBINED ORTIIOPEIJIC SURGERY PROGRAM, *July 1998 • June 2002* *Boston, MA*
Residency training in onhopedic surgery. Senior Thesis, ..Morphometric Analysis of Lumbar Spinal Stenosis: Correlating Plain Films with Axial Imaging."
Advisor: Kingsley Chin, MD

MASSACHUSETTS GENERAL HOSPITAL, *Julyl997 - June 1998.* *Boston, MA*
Internship in general surgery.

NATIONAL INSTITUTES OF HEALTH, *1993-94.* *Cambridge, MA*
Research Fellow. The Cambridge Hospital in the Department of Social Medicine, conducting research on emergency department expenditures. Primary investigator and responsible for computer programming to gather appropriate data from the National Medical Expenditures Survey using SAS statistical software. Study resultant was publication in the *American Journal ofPublic Health.*

PERSONAL DEVELOPMENT

ROBBINS RESEARCH INTERNATIONAL
Unleash the Power Within, *June, 2014.*
Leadership Academy, *Ocrober 2014.*
Date with Destiny, *December 2014.*

GALLP STRENGTiIS FINDERS, *May 2013*
Top five strengths: Learner, Relacor, Futuristic, Ideation, Deliberative

BARRETT'S VALUES CENTER, *November 2013*
Certified Cultural Transformation Tools (CTT) consultant for vl ues driven organizational and leadership development. www.valuescentre.com

STATE MEDICAL LICENSES

New York, 2002. Inactive
Illinois, 2003. Inactive
Nebraska, 2003. *Active*
Pennsylvania, 2010. Inactive
Florida, 2015. *Active*

PUBLICATIONS

Tyrance PH Jr, Sims S, Ma'luf N, Fairchild D, Bates DW. "Capitation and it's effects on physician satisfaction," *Cost and Quality Quarterly Journal.* 1999;5: 12-18.

Nadler ES, Sims S, Tyrance PH Jr, Fairchild DG, Brennan TA, Bates DW. "Does a year make a difference? Changes in physician satisfaction and perception in an increasingly capitated environment," *Am J Med.* July 1999; 107 :38-44.

Tyrance PH Jr, Himmelstein DU, Woolhander S. "US emergency department costs: No emergency," *Am J Public Health.* November 1996;86:1527-1531.

PRESENTATIONS

Faith Regional Health Services. Onhopedics in Motion. "Hip Fractures: Diagnosis and Management", April, 2013.
CHI Alegent Health's All About Orthopedics. "Hip Fractures: Diagnosis and Management", April 2005.

Grand Rounds

Evaluation and Management of Hand Fractures, June 1998.

Morphomelric Analysis of Lumbar Spinal Stenosis: Correlating Plain Films with Axial Imaging, June 2002.

P.:rspectives in Cox-2 Technology: Earning a Frontline Position in the Management of Pain, March 2004.

PROFESSIONAL ORGANIZATIONS

National Medical Association
American Academy of 011hopedic Surgeons
Me.tro Omaha Medical Society
Nebraska Medical Association
Nebraska Orthopedic Society

ADVISORY ROLES and VOLUNTEERISM

AMPT Health, Advisor. *July 2014 to present.* AMPT Health is a values driven software as a service platform that increases organizational performance, strengmens organizational culture, by reinforcing positive behavior. It identifies key performance indicators, reinforces positive behavior and provides real-time performance feedback.

Fruitstreet, Board Member. *June 2014 to present.* Fruit Street is a software solution for individual consumers, and providers both individual and institutional, that enables HIPAA compliant video consultations. Clinical decisions are facilitated through patient centric lifestyle-data gathered through wearable devices and activity monitors.

Board Member, Outward Bound Omaha, *January 201)-March 2013.* Provides experiential learning opporcunities to corporate and educational, public and private clients focused on developing leadership and team building skill trough rural and urban outdoor experiences.

ImpactOne, Board Member, *May 2011-March 2013.* lmpactOne serves as a first responder to families affected by violence, connects young people to community resources to help increase resilience factors against crime and poverty.

University of Nebraska Foundation, Trustee. *October 2010-present.* Recognized as an individual with leadership potential and provide insight and future direction of the University of Nebraska system which includes campuses in Lincoln, Omaha, Kearney and the Medical Center. Committee assignments and the board of directors are chosen from the pool of trustee.

E.A.A.S.Y. Foundation, Advisor, *July 2010-January 2012.* Empowerment through Athletic and Academic Support for Youth. Help provide leadership, shape foundation goals and identify sources of funding.

Amachi Mentorship Program, *March 2010-January 2011.* Serve as mentor and sounding board for young man. Provide insight and instruction in life-skills and encourage positive decision-making.

Millard North and Ralston High Schools, Head Team Physician. *2007-2008.* Provided sideline coverage for high school football games. One of a team of physicians providing follow-up care of high school student-athletes throughout the Millard and Ralston Public Schools.

Key-Note Speaker for Ollie Web Center in Omaha, *July 2006.* Its mission is to enrich the Jives of individuals with developmental disabilities and their families through advocacy, support programs.

Co-Chair Nebraska Chapter Lymphoma and Leukemia Society's Light the Night Corporate Walk, *September 2005.*

Taylor Park Task Force, Health Care Subcommittee, City of Freeport, Illinois. *January 2004-August 2004.* Formulate epidemiologic model to investigace potential environmental causes of healch care disparities in surrounding community.

Finance Committee, FHN Memorial Hospital, Freeport, lllinois. *January 2004-October 2004.* Attend quarterly

committee meetings reviewing and evaluating current and projected spending of the hospital in accordance with its stated goals.

Core Curriculum Committee, Harvard Orthopedics, *1999-2002.* Responsible for organizing a two-year curriculum for orthopedic residents in diagnosis and management of spine pathology. This was done with lhe assistance of the chief of Lhe orthopedic spine service.

Pristhina, Kosovo, *April 2001.* Performed nine operations, including the first total hip arthroplasty in Kosovo, along with a team of three other orthopedic surgeons. Donated $500.000 worth of orthopedic trauma equipment. Iilvolved in educating resident and staff orthopedic surgeons in intramedullary fracrure management Identified deficiencies in resident education and patient care while recommending potential solutions.

Guest reviewer for the *Journal o fBone and Joilll Surgery,* *2001.*

MD, MPP Curriculum Improvement Committee, Harvard Kennedy School o f Government, *1996.* Student-member involved in curriculum evaluation, including: identification of deficiencies; providing suggestions for future areas of study: and helping facilitate a smooth transition between the schools of medicine and government.

Admissions Committee, Harvard Medical School, *1993.* Reviewed applications and interviewed applicants to Harvard Medical School. Resulted in four of five personally recommended individuals matriculating to Harvard Medical School.

AWARDS and ACTIVITIES

- NCAA Top Six Award Winner, 1990.
- Toyota Leadership Award Winner, 1990.
- Post-Graduate Scholarship Recipient, 1990.
- Academic All-American, 1989-90.
- Academic All-Big 8 Conference, 1988-90.
- Monar Board National Honor Society, 1990.
- National Football Foundation and Hall of Fame Scholar Athlete, 1990.
- Student-Athlete of the Year, Omaha (Nebraska) World-Herald, 1990.
- All-Big 8 Conference Linebacker 1989-90.
- Selected by Los Angeles (now St. Louis) Rams in 1991 NFL Draft.
- Founder, Health Careers Mentorship Program, Harvard Medical School, 1992-94.
- Hilton Knowles Fellow, Harvard Kennedy School of Government, 1995-96.
- Recognized as outstanding resident teacher by Harvard Medical School students, 2001.
- Inductee, University of Nebraska-Lincoln Football Hall of Fame, 2005.
- Inductee, CoSJDA Academic All-America Hall of Fame, 2009.